

SADHU VASWANI COLLEGE OF NURSING

REPORT ON

REV. SADHU T. L. VASWANI'S 144th BIRTHDAY CELEBRATION

Sadhu Vaswani Mission had organized various activities to celebrate 144th birthday of Rev. Sadhu T. L. Vaswani. Sadhu Vaswani's birthday on November 25 is recognized globally as International Meatless Day. Our college was invited to attend the birthday celebration and pay tribute to our Revered Founder on 21/11/23 at 11.30am at the Satsang hall, Sadhu Vaswani Mission.

Day 01 - 21/11/2023

The programme schedule was as follows:

TIME	PROGRAMME
11.30 – 11.45 am	Welcome & Bhajan
11.45am – 12.00n	Talk-Krishna Didi
12.00n – 12.20pm	Questions and Answers with Rev. Dada J. P. Vaswani
12.20 – 12.30pm	Tribute by St. Mira's College
12.30 – 12.35pm	Tribute by SVIMS
12.35 – 12.45pm	Tribute by SVCON

Mrs. Prema S, Sanctuary Incharge & Mrs. Rupali Shinde, Asst. Sanctuary Incharge discussed with Principal mam and prepared students for the programme. III Semester B. Sc Nursing students performed skit in the form of dance on "St Mira Movement of Education and Stop All Killing" on 21/11/23 at 12.35 – 12.45pm. Effort of the students was appreciated by all dignitaries from Sadhu Vaswani Mission. Ms. Neha Inghale presented a poem written by her, on teachings of Sadhu Vaswani.

List of students participated:

S. No	Name of the Students		
1	Akanksha Amol Kulkarni	10	Mayuri Nimba Gavari
2	Akshata Shankar Gade	11	Neha Sunil Ingale
3	Anjalee Nagnath Kamble	12	Nehali Prakash Kamble
4	Ankita Vijay Shedge	13	Ruchita Rajendra Thool
5	Isha Dyaneshwar Bahirat	14	Sakshi Sunil Raste
6	Isha Laxman Shivankar	15	Sakshi Bharat Adhav
7	Jeevita Manohar Khetle	16	Shweta Shankar Shirke
8	Kareena Tulsiram Bamane	17	Siddhi Sandesh Wade
9	Komal Kashinath Ghate	18	Siyona Pradeep Salve
		19	Vaishnavi Subhash Chavan

Programme adjourned at 1.00pm. Prasadi was distributed to all the students and staff.





Day 02 - 23/11/2023: RATHYATRA

Sadhu Vaswani Mission hosted its 57th Annual Rathyatra on 23/11/2023 to commemorate Sadhu Vaswani's 144th birthday, aiming to propagate his message on love and compassion. Rathyatra procession started from Sadhu Vaswani Mission at 5pm.

The procession featured a custom-made rath resembling a spaceship, adorned with a lifelike statue of Sadhu Vaswani and a portrait of Dada JP Vaswani. It is taken through the streets covering a 5 km stretch through Pune camp area. People follow rath, walking and chanting along the way while many are stationed at the places the rath crosses and are seen bowing to the rath, paying homage. Housing societies along the route installed altars to welcome the rath. Didi Krishnakumari, Executive Head of Sadhu Vaswani Mission led the Rathyatra, distributing prasad among attendees.

Sadhu Vaswani College of Nursing decorated the Rath with flex of Sadhu Vaswani and Dada JP Vaswani's quotes, artificial flowers and lightings. II semester students performed tableau on 'Respect for other religions'. All the staff and students of SVCON participated in Rathyatra.

The rath was followed by vans with vocalists singing kirtans and bhajans, while hundreds of devotees walked alongside, chanting in unison.

The rath halted at two locations – Padumjee compound and near Kohinoor hotel. Dada JP Vaswani's recorded audio was played. In his message, he told "These hands have been given to us not to slaughter but to help, not to kill but to show compassion and not to hunt but to serve, this heart has been given to us to love and not to hate anyone. There is no greater power than love".

Didi Krishnakumari speaking at the Yatra highlighted Sadhu Vaswani's core message – Love God and Love all his creation. She elaborated how Sadhu Vaswani was the Masiha of the voiceless and defenseless animals and urged to give up foods of violence and cultivate a compassionate heart.

Faculty of SVCON shared, "The Rathyatra takes the message of love and compassion to the mass of people. It gives us an opportunity to reach out to one and all."

Pilgrims from all walks of life from and from across the globe joined the Rathyatra.

The route of rath yatra 2023 was Sadhu Vaswani Chowk – U-turn from Sadhu Vaswani Chowk - Runwal Regency chsl - Ritz Hotel - right from G.P.O - BSNL office - St. Helena's School - New Collectors office - straight from the signal of Babasaheb Ambedkar Chowk - Old Zilla Parishad - left from Narpatgiri Chowk - KEM hospital - Power House Chowk - Sant Kabir Chowk via Nana Peth - left to Quarter gate via Poona Goan Institute - right from Quarter Gate Chowk – Irwin Road – Padumjee Gate Police Chowky – Padumjee Compound – Nishat talkies – Agarwal Colony – Babajan Chowk – R.S.Kedari road – Bhopala Chowk – Mahatma Gandhi road –

Aurora Towers – Dorabjee – Nehru Memorial Hall – Sadhu Vaswani Kunj – Shanti Kunj – PremKutir back to Revered Sadhu Vaswani’s Sacred Samadhi. Yatra was concluded at 8.30 pm.







Day 3 – 25/11/2023: GURU LUNGAR AT SADHU VASWANI MISSION

Students and staff of SVCON attended bhajan at Satsang hall, Sadhu Vaswani Mission on 25/11/2023 at 11.30am. Later, Guru Lungar was offered to everyone. All felt taking Lungar is a blessing.

Rev. Sadhu T. L. Vaswani's 144th Birthday Celebration came to an end on 25/11/2023.

Signature of Sanctuary Incharge

Mrs. Prema S

Signature of the Principal

Dr. Sripriya Gopalkrishnan

PRINCIPAL
Sadhu Vaswani College
of Nursing
Koregaon Park, Pune-1

SADHU VASWANI COLLEGE OF NURSING
REPORT ON VALUE ADDED COURSE – 009:
SANCTUARY: THE ART OF MINDFUL LIVING (2023 – 2024)

COURSE DETAILS

Title of the course	:	“Sanctuary; The Art of Mindful Living”
Course started on	:	01/02/2024
Course completed on	:	30/06/2024
Prescribed hours	:	90 Hours
Completed Hours	:	99 Hours
Participants	:	I Semester B. Sc (N) 23 – 24
No. of students	:	30
Sanctuary Incharge	:	Mrs. Prema S, Lecturer
Asst Sanctuary Incharge	:	Mrs. Rupali Shinde, Lecturer

Course Objectives:

- To inculcate values of empathy and humility with reverence to all forms of life
- To gain insight into human values and adopt Indian ideas and culture
- To learn and imbibe lessons from the life and teachings of Sadhu T. L Vaswani and Dada J. P Vaswani
- To function as proactive citizens and compassionate nurses

Topics covered in the curriculum

Unit No	Topics
I	Indian Saints
II	Morals and values
III	Human rights
IV	Ethics and ethical principles
V	Life skills
VI	Indian leaders
VII	Cultural diversity
VIII	Religion and spirituality
IX	Life and teachings of Sadhu T. L Vaswani
X	Life and teachings of Dada J. P Vaswani
XI	Mindfulness and Yoga

Evaluation of students for certification

Pre- and post-tests were conducted before and after the course to determine its effectiveness. Students were evaluated based on formative and summative assessments. Formative assessment includes journal, submission, attendance, participation in sanctuary activities, and a life skills project. A class test was conducted at the end of the course as a summative assessment. Certificates were issued for the students who scored a minimum of 60 marks.

Completion of course

Total 30 students enrolled for the course. 2 students i.e Ms. Priyanka Jadhav and Ms. Namrata Jadhav discontinued the course due to personal reasons. The remaining 28 students completed the course successfully with a good grade of marks.

Rankers

I Rank	-	Ms. Bhosale Niharika Santosh (92%)
II Rank	-	Ms. Gunjkar Nayana Gajanan (88%)
III Rank	-	Ms. Barde Pranjali Kishor (87.5%)

Distribution of certificates

Dr. Manisha Kadam issued the certificates to students who scored minimum of 60 marks on 05/12/2024 in sanctuary hall.

Course Feedback

Students actively participated in the course. They were very enthusiastic about learning values, morals, and life lessons. Various activities were conducted to inculcate values in them. The Sanctuary curriculum helped them transform their personalities. Students were assured that they would be good human beings and compassionate, caring nurses in society.

ANNEXURES

1. Syllabus copy
2. Final assessment for certification
3. Photographs

PHOTOGRAPHS





Conclusion

The course entitled ‘Sanctuary; The Art of Mindful Living’ was conducted from 01/02/2024 and 30/06/2024. 28 students completed the course successfully. The course was a great success thanks to the active participation of both teachers and students.

Signature of Sanctuary Incharge

Signature of Officiating Principal

PRINCIPAL
Sadhu Vaswani College
of Nursing
Koregaon Park, Pune-1